

Data Sheet: 4-6-day donkey trekking to the hidden mountain lakes

The stages are described from possible overnight stay to possible overnightstay, the stage arrangement itself can be chosen.

Total 47.6 km, Desnivel: +/- 2339

Stage 1:

Destination: Can Jan de la Llosa – Cabaña dels Espaveres, Distance: 6,4 km, Altitude difference: +623/-28
Highlights: Llosa valley, rivers, nature reserve, mountain world, meadows
Overnight stay: Cabaña dels Espaveres- Bivouac / Simple shepherds hut / free refuge, 4-5 sleeping places
Shops:-
Restaurant: -

Stage 2:

Destination: Cabaña dels Espaveres -Port de Vallcivera- Refugi de l'Illa, Distance: 5,1km, Altitude difference: +504/-97
Highlights: Vall Civera, border crossing to Andorra, lake Estany de l'Illa, high mountains
Overnight stay: Refugi de l'Illa (in summer 2017 the mountainhut will be with service but reservations can not be made in the moment)
Shops:-
Restaurant: -

Stage 3:

Destination: Refugi de l'Illa - Refugi del Riu dels Orris, Distance: 6,4 km, Altitude difference: +623/-28
Highlights: Hidden Valley (Vall de Madriu) Rippling mountains (many mountain lakes and streams)
Overnight stay: Refugi de l'Illa - free refuge for hikers, sleeping places 6, water, fireplace
Shops:-
Restaurant: -

Stage 4:

Destination: Refugi del Riu dels Orris - Refugi de Perafita Distance: 7,2km, Altitude difference: +425/-453
Highlights: Vall de Madriu (nature reserve), mountains, lakes
Overnight stay: Refugi de Perafita- free refuge for hikers, sleeping places 6, water, fireplace, telephone reception near
Shops:-
Restaurant: -

Stage 5:

<u>Destination:</u> Refugi de Perafita – Refugi Estanys de la Pera, Distanz: 4,9km, Höhe:+414/-242
<u>Highlights:</u> Mountain Lake Perafita, pass / border with Andorra and Spain
<u>Overnight stay:</u> Refugi Estanys de la Pera, warden mountain hut, Web: https://www.feec.cat/refugi/refugi-estanys-de-la-pera/ Tel: 606 99 14 73, Email: refugiestanysdelapera@feec.cat, mattresses and blankets available, meals and beverages, WC / shower, sleeping places 35
<u>Shops:-</u>
<u>Restaurant:</u> Refugi Estanys de la Pera (meals and drinks)

Stage 6:

<u>Destination:</u> Refugi Estany de la Pera– Refugi Font de les Pollineres, Distanz: 2,1km, Höhe: -399/+5
<u>Highlights:</u> Waterfall, Mountain lake, Fountain
<u>Overnight stay:</u> Refugi Font de les Pollineres - free refuge for hikers, sleeping places 6, water, fireplace, telephone reception near
<u>Shops:-</u>
<u>Restaurant:</u> -

Stage 7:

<u>Destination:</u> Refugi Font de les Pollineres- Refugi Cap del Rec, Distanz: 6,7km, Höhe: +210/-33
<u>Highlights:</u> View to the northern side of the Sierra de Cadi and panoramic view of the valley of the Cerdanya, mountain meadows and forests
<u>Overnight stay:</u> Refugi Cap del Rec www.lles.net - Tel: 973 293 100, E-Mail: refugi@lles.ne, mattresses, blankets, shower
<u>Shops:-</u>
<u>Restaurant:</u> Refugi Cap de Rec

Stage 8:

<u>Destination:</u> Refugi Cap del Rec- Viliella- Cal Jan de la Llosa, Distance: 7,7km, Altitude difference: +47/-504
<u>Highlights:</u> Forests, meadows, mountain village
<u>Overnight stay:</u> Cal Jan de la Llosa, overnight in tents. (Closest accommodation in Lles de Cerdanya)
<u>Shops:-</u>
<u>Restaurant:</u> -

OR:

Stage 7:

<u>Destination:</u> Refugi Font de les Pollineres- Aranser, Distance: 7,4 , Altitude difference: +102/ -608
<u>Highlights:</u> Forests, mountain village

Overnight stay: Aransa: Hostal del Pas de la Pera, Pça del carrer Clos 1, Web: www.pasdelapera.com Tel:+34 973 51 50 01, E-Mail: info@pasdelapera.com

Shops:-

Restaurant: Hostal del Pas de la Pera

Stage 8:

Destination: Aranser- Cal Jan de la Llosa, **Distanz:** 8,2km, **Höhe:** +333/-178

Highlights: Pont del Diabolo, forests, meadows

Overnight stay: Cal Jan de la Llosa, overnight in tents. (Closest accommodation in Lles de Cerdanya)

Shops:-

Restaurant: -

- Next to the free mountain huts it is possible to stay overnight in tents/bivouac
- The food has to be taken for the first trekking days on the journey last stages meals in restaurant(Check data sheet)
- Camping / bivouac equipment need to be brought on your own
- Many water points
- It is important before/during the trekking to be informed about the weather conditions
- Map sheet: Editorial Alpina, Cerdanya, 1: 50,000 or topogràfic Mapa de Catalunya, Vall de la Llosa (No.55), 1: 25'000
- The trail can be gone in both directions