

## **Data sheet: 4 to 6-day donkey hike - Mountain villages and mountain lakes**

Cal Jan de La Llosa – Cap de Rec – Refugi la Pera – (Day hike to Andorra/Estany de Perafita)- Aranser – (Lles) – Cal Jan de La Llosa

### **Stage 1:**

<b><u>Destination:</u></b> La Llosa – Cap de Rec, <b>Distance:</b> 7,9 km <b>Altitude difference :</b> + 259 /- 595
<b><u>Highlights:</u></b> Llosa Valley, Forests and meadows, view to the Sierra de Cadí
<b><u>Overnight stay:</u></b> Refugi Cap del Rec- <a href="http://www.lles.net">www.lles.net</a> - Tel: 973 293 100, E-Mail: <a href="mailto:refugi@lles.net">refugi@lles.net</a> , Mattresses and blankets available, meals and beverages, WC / shower
<b><u>Shops:-</u></b>
<b><u>Restaurant:</u></b> Refugi Cap del Rec

### **Stage 2:**

<b><u>Destination:</u></b> Cap de Rec – Refugi la Pera, <b>Distance:</b> 9,14 <b>Altitude difference:</b> + 207/- 605
<b><u>Highlights:</u></b> mountain pine forests, Fountain (Font dels Pollineres), Mountain lakes (Estany de la Pera) , waterfall
<b><u>Overnight stay:</u></b> Refugi Estanys de la Pera, <a href="https://www.feec.cat/refugi/refugi-estanys-de-la-pera/">https://www.feec.cat/refugi/refugi-estanys-de-la-pera/</a> , warden mountain hut, <b>Tel:</b> 606 99 14 73, <b>Email:</b> <a href="mailto:refugiestanysdelapera@feec.cat">refugiestanysdelapera@feec.cat</a> , mattresses and blankets available, meals and beverages, WC / shower, 35 beds
<b><u>Shops:-</u></b>
<b><u>Restaurant:</u></b> Meals in Refugi de la Pera

### **Stage 3:** (Can be skipped)

<b><u>Destination:</u></b> Refugi la Pera – Day hike to Andorra/Estany de Perafita, <b>Distance:</b> 10km <b>Altitude difference :</b> +/- 656 (the stage can be shortened)
<b><u>Highlights:</u></b> Port de Perafita (pass), high mountains, Panorama view to the mountain world of Andorra, Estany de Perafita (mountain lake)
<b><u>Overnight stay:</u></b> Refugi Estanys de la Pera, <a href="https://www.feec.cat/refugi/refugi-estanys-de-la-pera/">https://www.feec.cat/refugi/refugi-estanys-de-la-pera/</a> , warden mountain hut, <b>Tel:</b> 0034/606 99 14 73, <b>Email:</b> <a href="mailto:refugiestanysdelapera@feec.cat">refugiestanysdelapera@feec.cat</a> , mattresses and blankets available, meals and beverages, WC / shower, 35 beds
<b><u>Shops:</u></b> -
<b><u>Restaurant:</u></b> meals in Refugi de la Pera

### **Stage 4:**

<b><u>Destination:</u></b> Refugi la Pera - Aranser, <b>Distance:</b> 9,5km, <b>Altitude difference:</b> - 1007/ + 107
<b><u>Highlights:</u></b> Waterfall, forests
<b><u>Overnight stay:</u></b> Aransa- Hostal del Pas de la Pera. Tel:+34 973 51 50 01, <a href="http://www.pasdelapera.com">www.pasdelapera.com</a>
<b><u>Shops:-</u></b>
<b><u>Restaurant:</u></b> Hostal del Pas de la Pera

**Stage 5:**

<b>Destination:</b> Aranser – Musser- Lles de Cerdanya, <b>Distance:</b> 9km, <b>Altitude difference:</b> - 797/ +325
<b>Highlights:</b> Forests, mountain villages, pastures
<b>Overnight stay:</b> Lles de Cerdanya, Hostal Fonda Ca l'Abel , Tel: +34 619 64 16 92, <a href="http://www.fondacalabel.com">www.fondacalabel.com</a>
<b>Shops:</b> Lles de Cerdanya- small shop
<b>Restaurant:</b> Hostal Fonda Ca l'Abel

**Stage 6:**

<b>Destination:</b> Lles de Cerdanya – Cal Jan de la Llosa, <b>Distance:</b> 6,6 km <b>Altitude difference:</b> +213/-356
<b>Highlights:</b> Valley of La Llosa, River, pastures, forests, view to the Cadi mountain range
<b>Overnight stay:</b> Cal Jan de la Llosa/Overnight stay in tents. (Closest accommodation in Lles de Cerdanya)
<b>Shops:</b> -
<b>Restaurant:</b> -

Or directly from Aranser to Cal Jan de la Llosa

<b>Destination:</b> Aranser- Cal Jan de la Llosa, <b>Distance:</b> 8,2km, <b>Altitude difference:</b> +333/-178
<b>Highlights:</b> Pont del Diabolo, Pastures, forest, view to the Cadi mountain range
<b>Overnight stay:</b> Cal Jan de la Llosa/Overnight stay in tents. (Closest accommodation in Lles de Cerdanya)
<b>Shops:</b> -
<b>Restaurant:</b> -

- For the overnight stay in the warden mountain huts a sleeping bag must be brought.