

## **Data sheet for a 3-6 day trekking with donkeys around the boadella lake in the pre-Pyrenees, option with camping**

This route is designed to be done in summer with a tent or with the possibility of combining it with accommodation. The walking time for the stages is between two and three hours. Ideal to complete the stages in the early morning (or evening) and then enjoy the beautiful places and bathing possibilities. Most of the places have a bathing area Gorgas (natural pool in river), river, lake, swimming pool), except the 2nd stage with the bivouac in la Trilla. It is also possible to combine stages 2 and 3, but this will make a total of 17 km, but in this case it is possible to complete the route in 5 days accommodation only.

The route follows easy paths and trails with plenty of shade in the woods. Although some nights are spent in campsites, the route passes through very remote areas, in the middle of the wonderful nature of the mountains of the Pre-Pyrenees.

Attached below are more options with less walking days

### **Option 6-day hike:**

#### **Stage 1**

<b>Stage:</b> Darnius – Maçanet de Cabrenys <b>Distance:</b> 12,4 km <b>Difference in altitude:</b> : +595/-408
<b>Highlights:</b> Chapel of Sant Esteve de Llop, Boadella lake, river, Moli d'En Robert(Restaurant, with swimmingpool) <a href="https://elmolidenrobert.com/es/">https://elmolidenrobert.com/es/</a>
<b>Accommodation:</b> Camping/Bungalow Maçanet de Cabrenys: web: <a href="http://www.campingmassanet.com">www.campingmassanet.com</a> , Tel: 0034/667 776 648, e-mail: <a href="mailto:info@campingmassanet.com">info@campingmassanet.com</a> , (Wooden huts(Iglus), campside with own or rented tent, Bungalows can only be rented for single nights outside the main season.)
<b>Shops:</b> in Darnius(Pharmacy, food, tobacco)
<b>Restaurants:</b> Wooden huts(Iglus), accommodation with own or rented tent, bungalows can only be rented for single nights outside the main season.

#### **Stage 2**

<b>Stage:</b> Maçanet de Cabrenys – La Trilla <b>Distance:</b> 8.9 km <b>Difference in altitude:</b> +448/-135
<b>Highlights:</b> Panoraviews, Forest, Springs, Mountains, wild Nature
<b>Accommodation:</b> Biwak
<b>Shops:</b> -
<b>Restaurants:</b> -

#### **Stage 3**

<b>Stage:</b> La Trilla – Can Bertran <b>Distance:</b> 8,1km <b>Difference in altitude:</b> +174/-544
<b>Highlights:</b> RiverMuga, Gorgas(natural pools in the river)
<b>Accommodation:</b> Can Bertran: Own tent 4€ adult/ 3€ child. Refugio rustico Gaia munanya: Doubleroom 65€ oder Familyroom: 100€, e-mail: <a href="mailto:gmuntanya69@gmail.com">gmuntanya69@gmail.com</a> tlf: 0034/629907910
<b>Shops:</b> In Can Bertran you have the possibility to get basic food with reservacion(Bread, Vegetables, Eggs)
<b>Restaurants:</b> Can Bertran you can get dinner, breakfast or picnics with reservation

#### **Stage 4**

<b>Stage:</b> Can Bertran – Albanyà <b>Distance:</b> 5,3 km <b>Difference in altitude:</b> +301/-381
<b>Highlights:</b> Swimming in the river, Forest, wild nature, <a href="https://www.observatoribalbanya.com/">https://www.observatoribalbanya.com/</a>
<b>Accommodation:</b> - Camping Albanyà <a href="http://www.bassegodapark.com">www.bassegodapark.com</a> , tlf: 972 54 20 20, e-mail: <a href="mailto:info@bassegodapark.com">info@bassegodapark.com</a>

- Accommodation: Rectoria Albanya, [www.larectoriadalbanya.cat](http://www.larectoriadalbanya.cat), tlf 972 193 230, e-mail larectoriadalbanya@gmail.com

**Shops:** -

**Restaurants:** Rectoria Albanya

### Stage 5

**Stage:** Albanya – Sant Llorenç de la Muga **Distance:** 8km **Difference in altitude:** +112 /-132

**Highlights:** River Muga, Forest, Medieval village Sant Llorenç de la Muga

**Accommodation:**

- Camping la Fradera: web: [www.campinglafradera.com/](http://www.campinglafradera.com/) e-mail: lafradera@campinglafradera.com, Tel 0034/972 54 20 54

- Accommodation: Sant Lorenç de la Muga: Hostal del Aigua, web: [www.hostaldelaigua.es](http://www.hostaldelaigua.es), e-mail: [info@hostaldelaigua.es](mailto:info@hostaldelaigua.es), Tel: 0034/972 569 225

**Shops:** Sant Llorenç de la muga: food, tobacco

**Restaurants:** Various in Sant Llorenç de la Muga

### Stage 6

**Stage:** Sant Llorenç de la Muga - Darnius **Distance:** 12,2 km **Difference in altitude:** +506/-479

**Highlights:** Forest, Boadella lake/reservoir (Dam), Schwimmen in the lake

**Accommodation:** Darnius/Accommodation Can Massot/Casa Rural, web: [www.canmassot.com](http://www.canmassot.com), e-mail: [info@canmassot.com](mailto:info@canmassot.com), Tel. 972 535 700

**Shops:** Darnius (Pharmacy, Food, Tabacco)

**Restaurantes:** Darnius

### Option 3-day hike:

Day 1: 1st stage(Darnius - Camping Maçanet de Cabrenys)

### Day 2: Stage 2b

**Stage:** Maçanet de Cabrenys – St. Llorenç de la Muga **Distance:** 11,5km **Difference in altitude:** +392/ -586

**Highlights:** cork oak forest, Panorama view to the valley, Lake and Mountains, Medieval village Sant Llorenç de la Muga

**Accommodation:**

- Camping la Fradera: web: [www.campinglafradera.com/](http://www.campinglafradera.com/) e-mail: lafradera@campinglafradera.com, Tel 0034/972 54 20 54

- Accommodation: Sant Lorenç de la Muga: Hostal del Aigua, web: [www.hostaldelaigua.es](http://www.hostaldelaigua.es), e-mail: [info@hostaldelaigua.es](mailto:info@hostaldelaigua.es), Tel: 0034/972 569 225

**Shops:** Sant Llorenç de la Muga: Food, tabaco

**Restaurants:** Various in Sant Llorenç de la Muga

Day 3: Stage 6 (Sant Llorenç de la Muga - Darnius)

### Option 4-day hike

Day 1: Stage 1(Darnius Maçanet de Cabrenys)

## Day 2: Stage 2c

<b>Stage:</b> Maçanet de Cabrenys – Pantano de Boadella <b>Distance:</b> 10,8 km <b>Difference in altitude:</b> +244/-180
<b>Highlights:</b> forest, meadows, abandoned courtyards, Boadella reservoir, swimming in the lake
<b>Accommodation:</b> Biwak
<b>Shops:</b> -
<b>Restaurants:-</b> * at this stage it is important to bring enough drinking water or a water filter/tablets to treat the water. The water can also be boiled.

## Day 3 : Stage3c

<b>Stage:</b> Pantano de Boadella - Sant Llorenç de la Muga <b>Distance:</b> 12,5 <b>Difference in altitude:</b> +337/-321
<b>Highlights:</b> River, Boadella lake, River Muga
<b>Accommodation:</b> - Camping la Fradera: web: <a href="http://www.campinglafradera.com/">www.campinglafradera.com/</a> e-mail: lafradera@campinglafradera.com, Tel 0034/972 54 20 54 - Sant Lorenç de la Muga: Hostal del Aigua, web: <a href="http://www.hostaldelaigua.es">www.hostaldelaigua.es</a> , e-mail: <a href="mailto:info@hostaldelaigua.es">info@hostaldelaigua.es</a> , Tel: 0034/972 569 225
<b>Shops:</b> Sant Llorenç de la Muga: Food, tabacco
<b>Restaurants:</b> Various Restaurants in Sant Llorenç de la Muga

Day 4: Stager 6(Sant Lorenç de la Muga - Darnius)

## Option 5- day hike

In this option the starting point is Maçanet de Cabrenys

Day 1: Stage 2 (Camping Maçanet de Cabrenys – La Trilla)

Day 2: Stage 3 (La Trilla – Can Bertran)

Day 3: Stage 4 (Can Bertran - Albanya)

Day 4: Stage 5 (Albanya – Sant Llorenç de la Muga)

Day 5: Stage 2b reversely (Sant Llorenç de la Muga – Maçanet de Cabrenys)

## Map with all the possibilities

[https://www.google.com/maps/d/drive?state=%7B%22ids%22%3A%5B%2217cKG\\_GFFtZz6ri5aBYILV\\_PHN3g%22%5D%2C%22action%22%3A%22open%22%2C%22userId%22%3A%22117741139520421470662%22%7D&usp=sharing](https://www.google.com/maps/d/drive?state=%7B%22ids%22%3A%5B%2217cKG_GFFtZz6ri5aBYILV_PHN3g%22%5D%2C%22action%22%3A%22open%22%2C%22userId%22%3A%22117741139520421470662%22%7D&usp=sharing)

## Information

- Donkey transport costs (1-2 donkeys) to Darnius and back 50€
- Donkey transport costs (1-2 donkeys) to Maçanet de Cabrenys (campsite) and back 80€.
- For the self-guided hikes with camping, the necessary camping equipment (tent, sleeping bag, kitchen, food ...) must be brought by yourself
- To start early on the first day of the trail, it is advisable to arrive the day before to get to know the trail and the donkeys. For donkey hikers without experience in handling animals, we recommend to make the first day guided or to have an introduction day at our ranch before.
- Hiking map: Editorial Alpina, Alt Emporda, scale 1: 50.000

