

## Trekking with donkeys around the boadella lake in the area of Salinas – Bassegoda, with accommodation, 3-7 days

This tour leads through the remote region of Salinas Bassegoda in the foothills of the Pyrenees. Here it is ideal to hike even in the warmer seasons, as there is plenty of shade and many possibilities to swim in a river, lake or pool. The paths are easy and the distances are not too long, except for the stage to Can Bertran, ideal to do the tour also with children. But whoever takes on the kilometres to Can Bertran will be rewarded with beautiful views, great swimming and lots of wild nature!

Below you will find all possibilities.

### **Darnius- La Vajol- Camping Maçanet de Cabrenys – Can Bertran Albanya -Sant Llorenç de la Muga – Mare de Deu de la Salut - Darnius**

#### **Stage 1**

<b>Destination:</b> Darnius – La vajol, distance: 8,4km / 12,3 <b>height:</b> ↑ ↓ +400/-50 +302/-473
<b>Highlights:</b> Mountain Village Maçanet de Cabrenys, Mountains, Panoramic view, River
<b>Accommodation:</b> web: <a href="http://www.calaconxita.com/">http://www.calaconxita.com/</a> Tel. 972 535 213 – 687 296 037 restaurant@calaconxita.com
<b>Shops:</b> La Vajol: Very small shop, Pension, Restaurant
<b>Restaurant:</b> Cala Conxita

#### **Stage 2:**

<b>Destination:</b> La vajol - Maçanet de Cabrenys , distance: 11,8km, height: ↑ ↓ +287/ -473
<b>Highlights:</b> Talc mine, Kork oak forests, mountainvillage Maçanet de Cabrenys,
<b>Accommodation:</b> Camping/Bungalow Maçanet de Cabrenys: web: <a href="http://www.campingmassanet.com">www.campingmassanet.com</a> , Tel: 0034/667 776 648, e-mail: <a href="mailto:info@campingmassanet.com">info@campingmassanet.com</a> , (Wooden huts(Iglus), campside with own or rented tent, Bungalows can only be rented for single nights outside the main season.)
<b>Shops:</b> In Maçanet de Cabrenys (2km from the camping) Food, Butcher, Bakery, ATM
<b>Restaurant:</b> in Maçanet de Cabrenys and on the camping(bar restaurant during the high season)

#### **Stage 3**

<b>Stage:</b> Camping Maçanet de Cabrenys – Can Bertran <b>Distance:</b> 8,1km <b>Difference in altitude:</b> +174/-544
<b>Highlights:</b> River Muga, Gorgas(natural pools in the river), Panoraviews, Forest, Springs, Mountains, wild Nature
<b>Accommodation:</b> Can Bertran: Own tent 4€ adult/ 3€ child. Refugio rustico Gaia munanya: Doubleroom 65€ oder Familyroom: 100€, e-mail: <a href="mailto:gmuntanya69@gmail.com">gmuntanya69@gmail.com</a> tlf: 0034/629907910
<b>Shops:</b> In Can Bertran you have the possibility to get basic food with reservacion(Bread, Vegetables, Eggs)
<b>Restaurants:</b> Can Bertran you can get dinner, breakfast or picnics with reservation

#### **Stage 4**

<b>Stage:</b> Can Bertran – Albanya <b>Distance:</b> 5,3 km <b>Difference in altitude:</b> +301/-381
<b>Highlights:</b> Swimming in the river, Forest, wild nature, <a href="https://www.observatorialbanya.com/">https://www.observatorialbanya.com/</a>
<b>Accommodation:</b> - Camping Albanya <a href="http://www.bassegodapark.com">www.bassegodapark.com</a> , tlf: 972 54 20 20, e-mail: <a href="mailto:info@bassegodapark.com">info@bassegodapark.com</a> - Accommodation: Rectoria Albanya, <a href="http://www.larectoriadalbanya.cat">www.larectoriadalbanya.cat</a> , tlf 972 193 230, e-mail

larectoriadalbanya@gmail.com
<b>Shops:</b> -
<b>Restaurants:</b> Rectoria Albanya

### **Stage 5**

<b>Stage:</b> Albanya – Sant Llorenç de la Muga <b>Distance:</b> 8km <b>Difference in altitude:</b> +112 /-132
<b>Highlights:</b> River Muga, Forest, Medieval village Sant Llorenç de la Muga
<b>Accommodation:</b> - Camping la Fradera: web: <a href="http://www.campinglafradera.com/">www.campinglafradera.com/</a> e-mail: lafradera@campinglafradera.com, Tel 0034/972 54 20 54 - Accommodation: Sant Lorenç de la Muga: Hostal del Aigua, web: <a href="http://www.hostaldelaigua.es">www.hostaldelaigua.es</a> , e-mail: <a href="mailto:info@hostaldelaigua.es">info@hostaldelaigua.es</a> , Tel: 0034/972 569 225
<b>Shops:</b> Sant Llorenç de la muga: food, tobacco
<b>Restaurants:</b> Various in Sant Llorenç de la Muga

### **Stage 6**

<b>Destination:</b> St. Lorenç de la Muga- Mare de deu de la Salut, <b>distance:</b> 10,6 km, <b>height:</b> ↑ ↓ +541/ -413
<b>Highlights:</b> Medieval village Sant Llorenç de la Muga, Forests Views, Possible walk to the chapel on the mountain with fantastic views!(+2,4km)
<b>Accommodation:</b> Hotel Mare deu de la Salut: <a href="https://www.santuariideterrades.cat/es/">https://www.santuariideterrades.cat/es/</a> , tel 0034/972 56 90 21 Mail: <a href="mailto:info@santuariideterrades.cat">info@santuariideterrades.cat</a>
<b>Shops:</b> -
<b>Restaurant:</b> Hotel

### **Stage 7**

<b>Destination:</b> Santuari de la Salut - Darnius, <b>distance:</b> 11,5km, <b>height:</b> ↑ ↓ +451/ -426
<b>Highlights:</b> Forests, dam, Boadella Lake/Swimming (walking along the beach of the lake)
<b>Accommodation:</b> Darnius: Can Massot/Casa Rural, web: <a href="http://www.canmassot.com">www.canmassot.com</a> , e-mail: <a href="mailto:info@canmassot.com">info@canmassot.com</a> , Tel. 972 535 700
<b>Shops:</b> Darnius- Pharmacy, small shop, tobacco shop, ATM
<b>Restaurant:</b> various possibilities

**There is the possibility to skip some stages and do the trail in less days**

### **6 day options**

#### **Option 1**

skip la vajol and go direct from Darnius to Maçanet de Cabrenys:

Darnius – Maçanet de Cabrenys – Can Bertran - Albanya – Sant Llorenç de la Muga – Mare de deu del Mont-Darnius

<b>Destination:</b> Darnius- Camping Maçanet de Cabrenys , distance: 11km, height: ↑ ↓ + 531m / – 360m
<b>Highlights:</b> Sant Esteve de Llop, Forest, river, Moli d'en Robert
<b>Accommodation:</b> Camping/Bungalow Maçanet de Cabrenys: web: <a href="http://www.campingmassanet.com">www.campingmassanet.com</a> , Tel: 0034/667 776 648, e-mail: <a href="mailto:info@campingmassanet.com">info@campingmassanet.com</a> , (Wooden huts(Iglus), campside with own or rented tent, Bungalows can only be rented for single nights outside the main season.)
<b>Shops:-</b>
<b>Restaurant:</b> Camping Maçanet de Cabrenys

#### Option 2

skip Mare de deu de la Salut and go directly from Sant Llorenç de la Muga to Darnius  
Darnius – La Vajol - Maçanet de Cabrenys – Can Bertran - Albanya – Sant Llorenç de la Muga - Darnius

<b>Destination:</b> St. Lorenz de la Muga- Darnius, distance: 11,5km, height: ↑ ↓ +451/ -426
<b>Highlights:</b> Medieval village Sant Llorenç de la Muga, Forests, dam, Boadella Lake/Swimming (walking along the beach if the water is not too high)
<b>Accommodation:</b> Darnius: Can Massot/Casa Rural, web: <a href="http://www.canmassot.com">www.canmassot.com</a> , e-mail: <a href="mailto:info@canmassot.com">info@canmassot.com</a> , Tel. 972 535 700
<b>Shops:</b> Darnius- Pharmacy, small shop, tobacco shop, ATM
<b>Restaurant:</b> various possibilities

#### Option 3 (for easy going hikers)

Skip Can Bertran and go directly from Maçanet de Cabrenys to Sant Llorenç de la Muga:  
Darnius – La Vajol – Maçanet de Cabrenys – Sant Llorenç de la Muga – Darnius  
Instead of a stage, in one place you can do a round trip or a day off. For example in Maçanet de Cabrenys or in Sant Llorenç de la Muga are good places for a day off or a roundtrip.

#### **5 day options**

##### Option 4 (for easy going hikers)

Skip Can Bertran and go directly from Maçanet de Cabrenys to Sant Llorenç de la Muga  
Darnius – La vajol – Maçanet de Cabrenys – Sant Llorenç de la Muga – Mare de deu del Mont- Darnius

<b>Destination:</b> Maçanet de Cabrenys – St. Llorenç de la Muga, distance: 11,5km, height: ↑ ↓ +392/ -586
<b>Highlights:</b> Cork oak forest, View over the valley and lake, Boadella lake, River Muga
<b>Accommodation:</b> Sant Llorenç de la Muga: Hostal del Aigua, web: <a href="http://www.hostaldelaigua.es">www.hostaldelaigua.es</a> , e-mail: <a href="mailto:info@hostaldelaigua.es">info@hostaldelaigua.es</a> , Tel: 0034/972 569 225 Camping la Fradera: web: <a href="http://www.campinglafradera.com/">www.campinglafradera.com/</a> e-mail: <a href="mailto:lafradera@campinglafradera.com">lafradera@campinglafradera.com</a> , Tel 0034/972 54 20 54
<b>Shops:</b> Sant Llorenç de la Muga- Small Shop, Bar, Tabacco
<b>Restaurant:</b> Hostal del Aigua

##### Option 5 (for active hikers)

Skip La vajol and Mare de Deu de la Saud  
Darnius - Maçanet – Can Bertran – Albanya – Sant Llorenç de la Muga – Darnius

#### **4 day options**

##### Option 6

Darnius - La Vajol – Maçanet de Cabrenys – Sant Llorenç de la Muga – Darnius

### Option 7

Darnius – Maçanet de Cabrenys – Sant Llorenç de la Muga – Mare de deu de la Salut - Darnius

### **3 day option**

Darnius – Maçanet de Cabrenys – Sant Llorenç de la Muga – Darnius

Map of the possibilities:

[https://www.google.com/maps/d/drive?state=%7B%22ids%22%3A%5B%2217cKG\\_GFFtZz6ri5aBYILV\\_PHN3g%22%5D%2C%22action%22%3A%22open%22%2C%22userId%22%3A%22117741139520421470662%22%7D&usp=sharing](https://www.google.com/maps/d/drive?state=%7B%22ids%22%3A%5B%2217cKG_GFFtZz6ri5aBYILV_PHN3g%22%5D%2C%22action%22%3A%22open%22%2C%22userId%22%3A%22117741139520421470662%22%7D&usp=sharing)

### **Information**

- Donkey transport costs (1-2 donkeys) to Darnius and back 50€
- To start early on the first day of the trail, it is advisable to arrive the day before to get to know the trail and the donkeys. For donkey hikers without experience in handling this kind of animals, we recommend to make the first day guided or to have an introduction day at our ranch before.
- Hiking map: Editorial Alpina, Alt Empordà, scale 1: 50.000